

Plants for Coastal BC Bees & Gardeners

Did You Know?

BC has more than 450 species of native bees. These bees forage and nest in gardens, parks, farms, forests, grasslands, wetlands, and all sorts of other habitat throughout the province. We can all take actions to conserve and improve these habitats and the health of their ecosystems.

Plants for Bees and Gardeners

We have compiled a list of plants native to the Coast and Southern Interior that are important to our native bees. While many bees are generalists and can access pollen and nectar from a wide variety of flowers, some specialist bees only collect pollen from a narrow selection of plants. In addition, these plants can provide nesting material for native bees in the form of leaves, resins, stems and decaying wood.

We aimed to include plants with different bloom times to offer a continuous supply of pollen and nectar from spring to fall. We included plants of different size, shape, colour and growth form. The plants come from a variety of different habitats, from moist meadows to shady forests to dry grasslands and shrublands, so are suitable for different garden types. Use the list as a starting point for selecting plants for your particular garden.

Many of these plants are beneficial to a broad number of organisms, meaning they are critical for the ecosystem as a whole. Planting these shrubs and herbaceous plants together will create a synergy of lasting ecological benefits for bees, birds, butterflies and moths (adult and caterpillar stages), other invertebrates and foraging mammals.

Eco-specific Native Plants - Buy Local!

Plants that are sourced from the ecoregion where you live are more likely to be compatible with local bee populations, well-adapted to local soils and climate and more able to provide a connective bridge for pollinators to wild populations. These 'eco-typic' plants, however, have limited availability. If you are lucky enough to live near a native plant nursery, they can share a wealth of information about the specific plants that will thrive in your area. When purchasing plants, make sure plants are ethically sourced, properly identified, and never poached from the wild. It is a challenging, yet rewarding journey that requires patience and persistence. Start small, grow from there.

Be a Citizen Scientist!

If you enjoy taking photos of bees, join the **iNaturalist NBSBC Bee Tracker Project**. Familiarize yourself with the plants in your area and submit photos of bees on those plants to iNaturalist with the plant association. This will help build a database of bee–plant associations so that we can learn the critical floral resource for our native bee species.

To learn more, visit us at bcnativebees.org







TREES			
Common Name	Botanical Name	Family	
Arbutus	Arbutus menziesii	Ericaceae	
Bigleaf Maple	Acer macrophyllum	Sapindaceae	
Pacific Crab Apple	Malus fusca	Rosaceae	
Vine Maple	Acer circinatum	Sapindaceae	

SHRUBS			
Common Name	Botanical Name	Family	
Black Twinberry	Lonicera involucrata	Caprifoliaceae	
*California Blackberry	Rubus ursinus	Rosaceae	
Common Snowberry	Symphoricarpos albus	Caprifoliaceae	
*Evergreen Huckleberry	Vaccinium ovatum	Ericaceae	
Kinnikinnick	Arctostaphylos uva-ursi	Ericaceae	
*Nootka Rose	Rosa nutkana	Rosaceae	
Ocean Spray	Holodiscus discolor	Rosaceae	
Osoberry	Oemleria cerasiformis	Rosaceae	
*Oval-leaved Blueberry	Vaccinium ovalifolium	Ericaceae	
Pacific Ninebark	Physocarpus capitatus	Rosaceae	
*Pussy Willow	Salix discolor	Salicaceae	
Red Osier Dogwood	Cornus sericea	Cornaceae	
*Red-flowering Currant	Ribes sanguineum	Grossulariaceae	
Salal	Gaultheria shallon	Ericaceae	
*Salmonberry	Rubus spectabilis	Rosaceae	
*Tall Oregon Grape	Berberis aquifolium	Berberidaceae	
*Thimbleberry	Rubus parviflorus	Rosaceae	

VINES		
Common Name	Botanical Name	Family
Pink Honeysuckle	Lonicera hispidula	Caprifoliaceae



HERBACEOUS PERENNIALS			
Common Name	Botanical Name	Family	
Barestem Desert-parsley	Lomatium nudicaule	Apiaceae	
Beach Pea	Lathyrus japonicus	Fabaceae	
Black Vetch	Vicia nigricans	Fabaceae	
Broad-leaved Stonecrop	Sedum spathulifolium	Crassulaceae	
*Canada Goldenrod	Solidago lepida	Asteraceae	
Checker Lily	Fritillaria affinis	Liliaceae	
*Coastal Strawberry	Fragaria chiloensis	Rosaceae	
Common Woolly Sunflower	Eriophyllum lanatum	Asteraceae	
Fireweed	Chamaenerion angustifolium	Onagraceae	
Large-leaved Avens	Geum macrophyllum	Rosaceae	
*Nodding Onion	Allium cernuum	Amaryllidaceae	
Oregon Gumweed	Grindelia stricta	Asteraceae	
Pacific Sanicle	Sanicula crassicaulis	Apiaceae	
Pacific Bleeding Heart	Dicentra formosa	Papaveraceae	
Pearly Everlasting	Anaphalis margaritacea	Asteraceae	
Philadelphia Fleabane	Erigeron philadelphicus	Asteraceae	
*Siberian Miner's Lettuce	Claytonia sibirica	Montiaceae	
**Sitka Columbine	Aquilegia formosa	Ranunculaceae	
Spreading Dogbane	Apocynum androsaemifolium	Apocynaceae	
Yarrow	Achillea millefolium	Asteraceae	

HERBACEOUS ANNUALS			
Common Name	Botanical Name	Family	
*Large-flowered Blue-eyed Mary	Collinsia grandiflora	Plantaginaceae	
Lindley's Lupine	Lupinus bicolor	Fabaceae	
Seablush	Plectritis congesta	Caprifoliaceae	

- * Choose a species native to your bioregion; note there may be more than one native species in your area
- ** Be aware that this species needs to be isolated from others in the same genus to avoid cross-pollination

General Tips for Bee Gardens

- 1: Avoid pesticides, herbicides and fungicides.
- 2: Choose a selection of plants with flowers that vary in size, colour and shape and that provide continuous bloom from the first day of spring to early fall.
- 3: Grow in clumps at least one meter square of each type of plant.
- 4: Leave leaves, stems and rotting logs in your garden for bee nesting.
- 5: Most species of bees nest in the ground and require bare soil in some areas of your garden.
- 6: Bee houses and condos can be good learning tools if properly maintained, but they can be hazardous to bees if they are not looked after properly. A better choice is to grow plants with hollow or pithy stems (like rose and elderberry) that can provide nesting spaces for bees.
- 7: Add signage that celebrates the bees in your garden and helps connect you with other gardeners who can learn from your experience.